



Student Tutorial #4

Agenda

1. Observations and Feedback on your training so far
2. Graduating as a Ryoho Certified Practitioner
 - a. Announcing we have One New Graduate
 - b. We are moving to 2 Graduations a year which will be July and December, dates will be published shortly.
 - c. What being a certified Ryoho Practitioner means – how you can use it
 - d. Requirements to Graduate – what you need to demonstrate
 - e. How I am assessing you for competency
3. Upcoming Ryoho Programs:
 - a. Ryoho Weight Loss
 - b. Ryoho Summer
4. Q&A Session
5. Access to Members Portal

REVIEW: Skills Development & Assessment to be a Ryoho Yoga Teacher

Key Assessment Area	What this means
A reasonable conceptual grasp of the underlying principles of Ryoho.	Ryoho style teaching is based on delivering specific results in an accessible manner.
Treating the cause and not the symptoms.	Demonstrating the tendency to address the real cause of health and well-being by exploring through yoga and the yin and yang and five element theories as the basis of Ryoho theory and not relying on modern differential diagnosis.
Providing disease ownership.	The underlying principle of natural therapy is that only you can save yourself. Being a yoga teacher is almost completely based on inspiring those you are teaching to deal with their problems with the tools/ knowledge provided. If you own the problem for them, it takes their power away from them and makes them worse.
Being able to use in principle the basics of Ryoho Training to explain why Ryoho works.	
Showing some capacity to deal with pain or injury acquired during the class.	Ryoho has specific guidelines for dealing with pain and injury.
There is no right or wrong with Ryoho.	Each class is an expression of you and your healing experience, but hyperbole will be semi frowned upon.
Demonstrating leadership through adhering to the Ryoho way in lifestyle choices.	Regular yoga, appropriate nutrition, focus on self-evolution.



REVIEW: Uploading Your Videos for Assessment

We have created a Private Facebook Group for to upload training videos to and to review and learn from each other. Ryoho Graduates are also encouraged to join the Private Facebook Group and provide peer feedback and review of yoga classes.

In the comments underneath your Post, fellow-students and graduates may provide feedback and input, similar to what we do on our Whats APP group. In this way you are learning in a peer-review/collegiate environment.

We will provide advice and guidance on your opportunities for improvement.

Post as many classes as you can. The more classes you post, the more you will learn.

Joining the Facebook Group:

This is a Private Group.

You will need a Facebook account to participate. If you do not have one, it is possible to set up an account which you only use for the purpose of joining the RyohoTraining.com Private Group.

Join Here and Admin will let you in:

<https://www.facebook.com/groups/331051225733786>

Guidelines

1. This is a positive and safe learning environment. Please respect everyone's input, comments, and stages of development. Please always observe confidentiality.
2. Sometimes we use content from our different communication channels in our marketing materials. We will request permission to use your name prior to using your name. Sometimes we use general comments without attributing it to anyone. Let us know if this is an issue for you by email.
3. Any questions please contact us via the What's App Group or on the Facebook message system. We will respond to questions as soon as we can.

REVIEW: Technical Specs

1. Classes should be less than 30 MINUTES in duration.
2. Sometimes they take a while to upload. Best to be on WIFI when you are uploading.
3. Please post two 30 minute classes as soon as you can for our review.
4. Collegiate feedback that is constructive is welcomed for your learning.
5. Feedback can be from fellow-students and Ryoho Graduates who are part of RyohoTraining.com
6. Any questions let us know.

To load up from an IPHONE.

How do I post a video on Facebook?

iPhone App Help ▼

📄 Copy Link

To upload a video:

1. Tap **What's on your mind?** at the top of your News Feed or timeline.
2. Tap  **Photo/Video**.
3. Choose the video you want to share and tap **Done**, or tap  to record a new video and tap **Next**.
4. Tap **Post**.

We'll process your video and let you know when it's ready to see. Your videos will be optimized for the best visual quality when you upload them to Facebook, including HD quality. Keep in mind, the quality depends on your device's network conditions. For the best quality, connect to Wi-Fi or make sure you have a strong cell signal before uploading videos.

If you give Facebook permission to access your device's camera roll, we collect metadata in or about the media (such as the date and time of the content) to enable features like reminding you when you have new photos you can upload.

REVIEW: Technical Specs

To load up from an IPAD.

How do I post a video on Facebook?

iPad App Help ▾

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