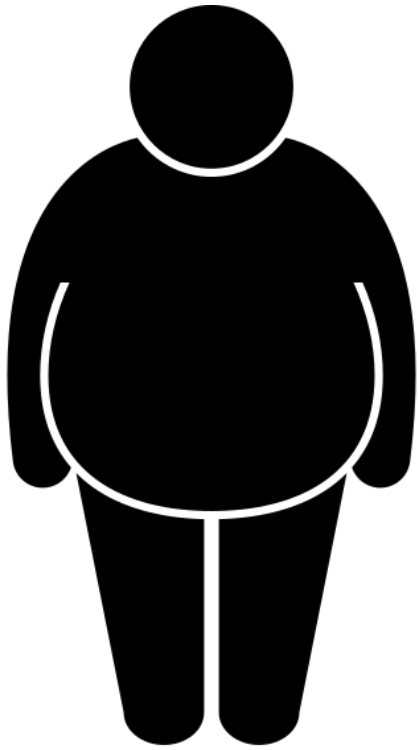
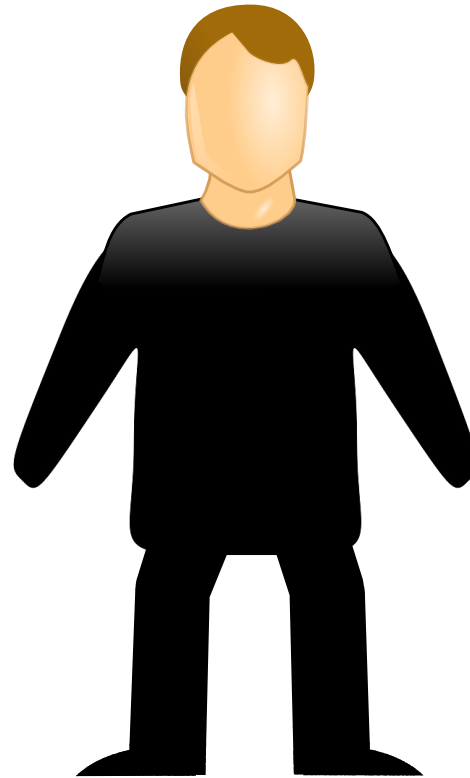


Yin Full



Round body
Round face

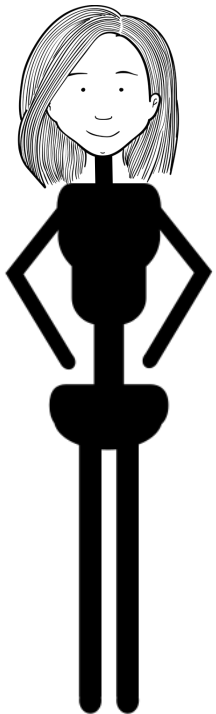
Yang Full



Square body
Square face
Strong jawlines

4 Body Constitutions

Yin Empty

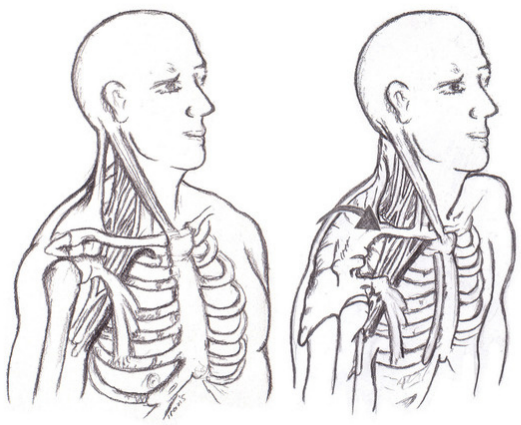


Skinny
Inverted Triangle face

Yang Empty

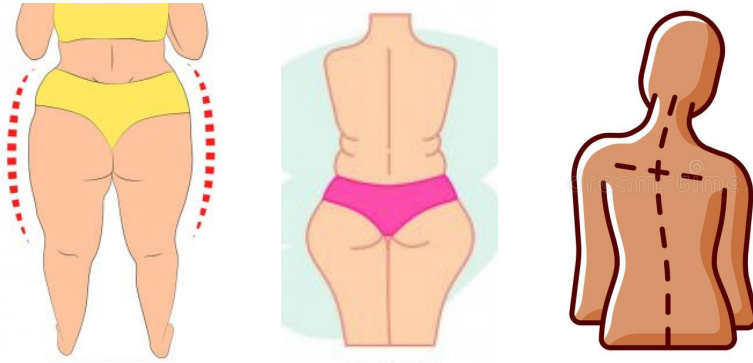


Thin built
crazy hair
nervous energy



Lungs

- Both shoulders lifted
- Concaved chest



Large Intestine

- Big hips
- Big waist
- Left shoulder up



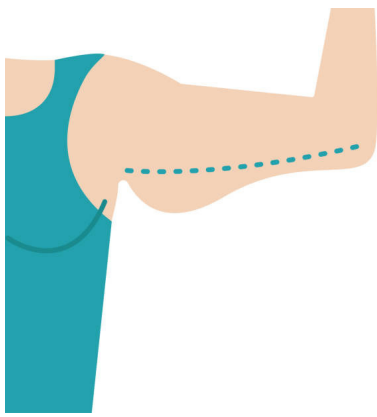
Spleen

- Bloated belly



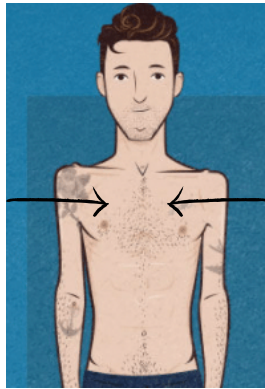
Stomach

- Rounded Slouched shoulders
- Slump body
- Fat thighs



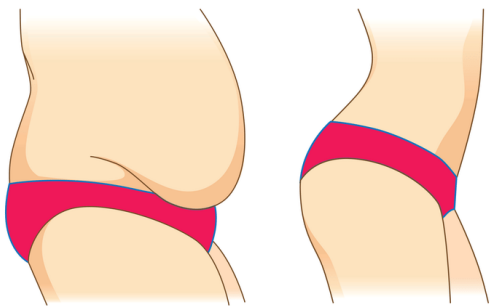
Small intestine

- Flappy arms



Heart

- Sternum pulled back
- Shoulders squeezed together
- Chest becomes narrow



Kidney

- Bloated lower belly
- Veins in ankles



Bladder

- Swollen ankles
- Tight neck



Liver

- Right shoulder up



Gallbladder

- Dry Skin
- Dandruff